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# Workplace Wellbeing: Engaging, Equipping and Empowering Employees

## 24 April 2024, virtual conference via ZOOM

Start Time	End Time	Session Title	Speaker (s)
10:00am	10:15am	<b>Welcome and keynote speech</b>	<b>Stephen Haynes</b> , British Safety Council <b>Dr Shaun Davis</b> , Belron International
10:15am	11:00am	<b>Panel discussion:</b> Understanding the real needs of workforces <i>How engaging is our approach to wellbeing?</i>	<b>Claire Burgess</b> , Unipart Logistics <b>Neil Pinnell</b> , Unipart Logistics <b>Dr Shaun Davis</b> , Belron International
11:00am	11:45am	<b>Case study:</b> Addressing Staff Health and Wellbeing Needs in an NHS organisation	<b>Matthew Green</b> , Royal Berkshire – NHS Foundation Trust
11:45am	12:30pm	<b>Panel discussion:</b> Empowering leaders and people managers	<b>Pen Le Kelly</b> , CPI Mortars Limited <b>Kevin Hard</b> , Ryder Marsh OCAID <b>Amanda Owen MBE</b> , Heathrow Airport
<b>12:30pm</b>	<b>1:00pm</b>	<b>Lunch</b>	
1:00pm	1:45pm	<b>Panel discussion:</b> Is our approach to wellbeing inclusive? <i>Neurodivergence in the workplace</i>	<b>Khushboo Patel</b> , Metro Bank <b>Richard Talbot</b> , Newport City Homes <b>James Jackson</b> , NHS South, Central and West Commissioning Support Unit
1:45pm	2:30pm	<b>Presentation:</b> How can employers reduce financial stress?	<b>Peter Fenton</b> , Marine and Industrial Transmissions Ltd
2:30pm	3:15pm	<b>Presentation:</b> Sleep/ fatigue impact on the workplace	<b>Justin Jones</b> , HSBC
3:15pm	4:00pm	<b>Presentation:</b> Mental health in the workplace – where next?	<b>Martin Lockham</b> , Mates in Mind
4:00pm		<b>Final thoughts and event close</b>	<b>Stephen Haynes</b> , British Safety Council

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